



FOUNDATION FOCUS

A PUBLICATION OF WILLAMETTE VIEW FOUNDATION

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Resident Programs Created for You



For many years residents have been comforted by the existence of **Willamette View Foundation**. The Foundation was specifically created to help residents and now stands strong with \$20 million in assets. Our funds have accumulated for over 50 years and have come from donors who wanted to support residents in need.

Our **Financial Assistance Program** will pay your living costs if your resources are depleted through no fault of your own. This program helps residents enjoy life without the worry of outliving their assets and is available at no cost to the community.

In addition, **Willamette View Foundation** has a special policy for financial assistance for married couples. The policy is designed to allow the partner who moves to the Health Center the opportunity to apply for financial assistance. This leaves the other half of their assets for the “well partner” to use for his or her lifetime.

If you anticipate that you may need financial assistance at some time in the future, feel free to reach out any time so we can provide additional information about how the **Financial Assistance Program** works. Often this conversation can provide some comfort to you and your family members.

Willamette View Foundation also supports residents who need help managing their day-to-day bills. If your bills, financial documents, and taxes are stacking up and overwhelming you, let us help. We do this for residents free of charge. We provide quarterly reports to keep you updated on your finances and we also accumulate and summarize information for your tax preparer. Give us a call for more info.

LETTER FROM DIANE

I know you've heard this before, but it's important that you know, Willamette View Foundation was created specifically for Willamette View residents. While we've helped the community in other ways, our main purpose has always been to provide financial support to residents.

Our resources have come from donors and investment earnings. Our donors have been residents, residents' family members, and resident activities. You could say our donors were committed to each other and to future residents. And, because of them, we are committed to you.

We sent out our Annual Report recently; it will help you get to know us. If you'd like a copy to share with a friend or family member, let us know. You'll also find it on our website. Our information is available and so are we if you'd like to chat.

Warmly,

Diane



Celebrate You

Life should be filled with joyful moments. In addition to that, we all deserve to be appreciated and celebrated. It is healthy to celebrate who we are, and to honor ourselves for our efforts and triumphs.

Be Kind to Yourself

Do to yourself as you might do to others. Make an effort to be as attentive and giving to yourself as you would be to a friend, spouse, family members, etc.

Gather Together with Friends

Get a group of friends together to celebrate each other and your friendship. Toast to the importance of close, wonderful relationships.

Write a Gratitude Letter

Write a list or letter highlighting all of the things for which you are grateful. If you have a day when you are feeling down, refer to that list to put some positivity back into your mind.

Buy Something Beautiful

Buy yourself some flowers and put them in a special place in your home where you can enjoy them. Maybe this can even become a weekly or monthly ritual.

www.livehappy.com



"A little bit of summer is what the whole year is all about."

-John Mayer

2023 RESIDENT INFLATION OFFSET GRANT PROGRAM

Willamette View Foundation is helping Willamette View residents that have been impacted by the economic challenges and rising costs.

The 2023 Resident Inflation Offset Grant Program is giving grants to each resident who is on a fixed income with \$400,000 or less in net worth excluding personal property (\$800,000 for couples).

This program is for Willamette View residents and will run through the calendar year 2023.

We are offering a one-time grant of \$5,000 to Independent and Assisted Living residents and \$10,000 to Health Center residents. Obtaining this grant is simple and quick.

If you would like to receive a grant to help cover rising costs, please let us know. We will send you a grant request form to submit. All we need is your name, address, phone number, signature, and date. No other information is required and there are no strings attached.

If I am receiving assistance from Willamette View Foundation, how are my expenses paid?

Each month your medical expenses, insurance premiums, and a personal allowance are paid first from the monthly income you receive. Then, any remaining income is applied toward your room and board charges. The Foundation will pay the balance of your Willamette View charges out of our Financial Assistance Fund.



In addition, Willamette View Foundation may pay necessary medical expenses if they are in excess of your monthly income.

Contact the **Willamette View Foundation** office at 971.233.5986 if you want more details about how our financial assistance program works.

Willamette View Foundation

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ADDRESS SERVICE REQUESTED

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FOUNDATION BOARD OF DIRECTORS

Mike Gallagher - President

Greg Dufault - Vice President

Ron Gustafson- Secretary/Treasurer

Carol Cameron

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THE FOUNDATION'S MISSION is to help qualified residents of the Willamette View Retirement Community maintain their dignity and independence through assistance in satisfying their need for housing and financial security. Aid is provided through resident assistance and financial management programs, educational seminars, financial information service, publications and grants to Willamette View, Inc. that benefit the community's residents.

Beat the Heat This Summer

Drink Water: Water will keep you hydrated. You are more likely to get dehydrated during summer as your body loses the ability to conserve water.

Protect your eyes: Wear sunglasses to protect eyes from rays that could irritate and harm eyes.

Wear Hats & Use Sunscreen:

Apply sunscreen when going out as it protects the skin.



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